

Employees Feel Surprisingly Trusted but Inefficiencies Abound in How We Work

MY BOSS TRUSTS ME

to get my job or work done regardless of where and when I do my job or work.

9 out of 10 say...

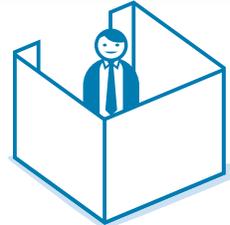
TRUE



WHERE WORK GETS DONE



33%
remote location



34%
cube/open office



28%
private office

Men continue to represent the majority of teleworkers, 3 out of 5 in 2015, but the percentage of women increased significantly (39%) from (29%) 2013.

WE TURN TO TECHNOLOGY MORE THAN EACH OTHER

Tools “frequently” used to inform supervisors and colleagues about work progress or performance:



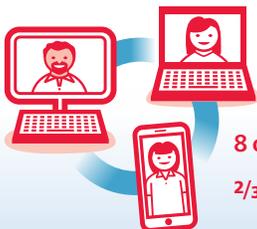
NEARLY
60%
use email, word documents or spreadsheets.



55%
meet in person.
Gen-Y (59%) & Gen-X (58%) significantly more likely to meet than Boomers (46%).



43%
use phone.
Remote workers were more likely than those who work in a cube/open office to use phone.



8 out of 10 never used project management software.
2/3 never used video/web conferencing.

TECHNOLOGY AIDS WORKING FLEXIBLY & IN TEAMS BUT BACKLASH NOTED, ESPECIALLY AMONG MEN

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Almost 7 out of 10 feel the increase in workplace technology has made it easier to collaborate & communicate with colleagues.
More than half said it made it easier to work flexibly.

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28% said technology created more work.
Nearly 1/4 feel a “bit like ‘big brother’ is watching you,” with men significantly more likely than women to voice that view.

EMPLOYERS COMMITTED BUT TRAINING LACKING

Almost all employees (96%) have work life flexibility.
56% said their employer still has a strong commitment to work life flexibility, up from 46% in 2013.



But, more than half (52%) received no training or guidance to help manage work life flexibility.

Read the Full Report at www.worklifefit.com

Findings are based upon a national probability survey of 617 full-time employed adults conducted by ORC International July 9–12 and 16–19, 2015 for Flex+Strategy Group/Work+Life Fit, Inc. The survey has a margin of error of +/-4 percent. Findings and analysis are solely FSG/WLF's. This research is the most recent installment in a biennial series of FSG/WLF studies that have monitored the national progress of issues related to work life flexibility from the individual's point of view since 2006. The 2015 survey was co-sponsored by Citrix.